

zuppe & insalate

CROSTINI TOMATO SAGE SOUP
Creamy tomato soup cooked with fresh sage and garnished with our Tavola crème fraîche and parsley
Bowl 6 | Cup 4

MINISTRONE SOUP
Our hearty beef and vegetable soup
Bowl 6 | Cup 4

TAVOLA CAESAR 9
With chicken 12 | With shrimp 15 | With salmon 14
Family Style 25 | With chicken 36 | With shrimp 45 | With salmon 42

ROCKET SALAD 8
Fresh arugula, pecorino, oranges, focaccia croutons, orange - mango vinaigrette
With chicken 12 | With shrimp 15 | With salmon 14
Family Style 19 | With chicken 36 | With shrimp 45 | With salmon 42

CATALINA 10.99
Chopped cucumbers, tomato, avocado, asparagus, Italian parsley, red onion, sea salt, feta, lemon juice, EVOO, olives, black pepper, & fresh mint
With chicken 13.99 | With salmon 14.99
Family Style 32.99 | With chicken 39.99 | With salmon 42.99

WINTER PEAR SALAD 11.99 | Family Style 35.99
Field greens, grilled chicken, dolce gorgonzola, mint, walnuts & pear vinaigrette

pizza

(Gluten free pizza available for \$1 extra)

PIZZA GIOVANNI 14.5
Fresh pomodoro, portobellas, Italian sausage, pepperoni, house crafted meatballs, mozzarella & pecorino cheeses

TAVOLA 14
Roasted pears, mozzarella, gorgonzola, pecorino cheese, caramelized onions, arugula & house pesto

RUSTICA PIZZA 13
Pomodoro, mozzarella & goat cheese, broccoli, mushrooms, red onions, roasted bell peppers, garlic, fresh herbs, crushed red pepper flakes & cherry tomatoes

stromboli

THE WESTLAKE 18.99
Incredible crab, shrimp, basil pesto, parmesan & mozzarella

THE WALLINGFORD 13.99
Pepperoni, mushrooms, Italian sausage, pomodoro & mozzarella

dolce

*TIRAMISU 7.99
Made in-house daily

DESIREE'S CAKE 7.99
Soaked in mascarpone cream & finished with Frangelico cream & nutella

CHOCOLATE CRÈME BRÛLÉE 7.99
With toffee crunch



Family style dishes can serve up to 3 - 4 people.

TAVOLA TRATTORIA



dinner hours
Monday - Closed
Tuesday - Thursday
4:00 P.M. - 9:00 P.M.
Friday & Saturday
4:00 P.M. - 9:30 P.M.

lunch daily
TBA
sunday's
3:00 P.M. - 8:30 P.M.

Tavola Trattoria is not a certified gluten free establishment, but we do our utmost with sourcing gluten free products for our menu.

**Items contain or may contain raw or undercooked ingredients. Some items may be cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of foodborne illness, especially if you have certain medical conditions.*

antipasti

BURRATA 13.99
Silky, buttery Italian style cheese with a drizzle of EVOO, sea salt & fresh cracked pepper. Served with crostini and fresh seasonal fruit

BRUSCHETTA 9.99
Baguette, buffalo mozzarella, lush bruschetta & basil

CALAMARELLO 14.99
Fried calamari, shrimp & zucchini on crispy eggplant
 Family Style 42

TAVOLA CROSTINI 9.99
Prosciutto, brie, pesto & fig compote

SICILIAN BALL 9.99
Large risotto ball stuffed with our house-made bolognese, mozzarella, lightly coated with house bread crumbs & fried

HOUSE CRAFTED MEATBALLS 10.99
beef & pork

princinpale & pasta

***MARCELO'S SPECIAL 20.99**
Beef tenderloin, penne, buffalo mozzarella, spinach, roasted garlic & basil pesto
 Family Style 55.99

SALTIMBOCCA 16.99
Cream, marsala wine reduction, prosciutto, & wild mushroom ravioli
 Chicken cutlet | Family Style Chicken cutlet 49.99

FETTUCCHINE ALFREDO 10.99
With chicken 4.99 | With shrimp 5.99
 Family Style 30.99 | With chicken 40.99 | With shrimp 50.99

PARMIGIANA
Sautéed cutlet in pomodoro sauce with mozzarella & Parmigiano - Reggiano
 Chicken cutlet 15.99 Eggplant 14.99
 Family Style | Chicken cutlet 49.99 | Eggplant 45.99

RAVIOLI TAVOLA 16.99
Pasta pillows with blue crab meat, parsnip cream, white port, & Parmigiano - Reggiano house parmesan cream sauce. Served with seasonal vegetables
 Family Style 48.99

princinpale & pasta

FRESH CATCH Market Price
The freshest fish with mashed potatoes & seasonal veggies

***BISTRO STEAK FRITES 29.99**
14 oz handcut new york strip & frites dusted with a peppercorn spice blend & doused with a house mustard - cognac sauce

WOOD FIRED SALMON 20.99
Grilled on cedar with seasonal berry coulis. Served with seasonal vegetables & risotto
 Family Style 62.99

MIRABELLA'S SPECIAL PASTA 15.99
House bolognese, topped with four cheese ravioli, melted buffalo mozzarella & parmesan cream sauce
 Family Style 45.99

LASAGNA TOPPED WITH HOUSE BOLOGNESE 13.99
Served with a Caesar salad
 Family Style 40.99

LASAGNA VEGETARIAN 12.99
Tavola style lasagna with fried eggplant, pomodoro, parmesan, mozzarella, goat cheese, fresh basil & rocket salad
 Family Style 39.99

LEMON CHICKEN CUTLET 15.99
Mushrooms, artichokes with lemon butter & cream reduction, & capers
 Family Style 49.99



Family style dishes can serve up to 3 - 4 people.

carousel in the kitchen

CHOICE OF PASTA, SAUCE & TWO VEGETABLES + HERB 10.99

CHOOSE A PASTA
 (Gluten Free add 1.99)

PENNE
 SPIRAL ZUCCHINI
 CHEESE RAVIOLI
 FETTUCCHINE
 SPAGHETTI
 PAPPARDELLE
 ANGEL HAIR

CHOOSE A SAUCE
 (Extra sauce add 1.00)

POMODORO SAUCE
 BASIL PESTO
 PARMESAN CREAM
 ROSA SAUCE
 EXTRA VIRGIN OLIVE OIL
 ORGANIC BUTTER

CHOOSE TWO VEGETABLES AND A HERB
 (Over two vegetables & herb add .99 EA.)

BROCCOLI	CHERRY TOMATOES	BASIL
ASPARAGUS	MUSHROOMS	MINT
SPINACH	PEPPERS	THYME
SWISS CHARD	ARTICHOKES	ROSEMARY
		ITALIAN PARSLEY

ENHANCEMENTS

CHOOSE A CHEESE

BURRATA 3.99
 PARMIGIANO REGGIANO 1.99
 PARMESAN .99
 GORGONZOLA 1.59
 BRIE 1.99
 MOZZARELLA 1.59
 BUFFALO MOZZARELLA 2.99

CHOOSE A PROTEIN
 (No modifications please)

SHRIMP 9.99
 CRAB MEAT 9.99
 SALMON 9.99
 FRESH CATCH MARKET PRICE
 NY STRIP 9.99
 ITALIAN SAUSAGE 4.99
 CHICKEN BREAST 4.99
 MEATBALLS 4.99
 BOLOGNESE 4.99
 PROSCIUTTO 2.99
 PANCETTA 2.99
 THICK SMOKED BACON 2.99